

Dr A Kumar Surgery

Important Patient Notice Coronavirus (COVID-19)

- As of **Monday 23rd March 2020** Dr Kumar Surgery will have new safety measures in place to protect our patients and staff.
 - All patients requesting an appointment will be triaged via telephone by clinical staff and if necessary will be invited into the surgery for an appointment.
 - You will no longer be able to attend the surgery without prior approval.
 - Any paperwork or prescription requests can be left in the post box provided.
 - Please attend your appointments alone, if you need assistance on arrival please inform staff upon arrival
 - Please use the intercom system at the main front door upon arrival

What to do if you have Coronavirus Symptoms:

- A high temperature – 37.8°c or above
 - A new continuous cough
 - Shortness of breath

LIVE ALONE: Please stay at home for 7 days if you have any of the above.

LIVE WITH OTHERS: All member of the household must stay at home for 14 days if one or more people have any of the above.

This will help to protect others in the community while you are possibly infectious.

DO NOT go to a GP surgery, pharmacy or hospital while in isolation.

You do not need to contact 111 to tell them you are self-isolating.

For patients who fall into a vulnerable category; over 70, pregnant or those with underlying medical conditions, Social distancing has been advised for a period of 12 weeks.

Vulnerable people should ensure they reduce unnecessary contact, travel and risk.

Examples of these are below for your information.

If you develop symptoms follow self-isolation information above



SOCIAL DISTANCING

AVOID

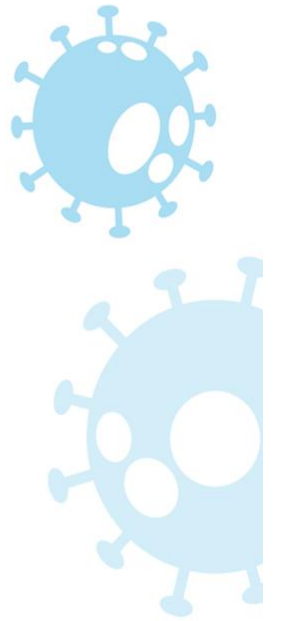
- ATHLETIC EVENTS
- GROUP GATHERINGS
- VISITORS IN YOUR HOME
- SLEEP OVERS
- PLAYDATES
- MALLS
- GYMS
- CONCERTS
- THEATRE OUTINGS
- CROWDED STORES

USE CAUTION

- PARKS
- CHURCH
- RESTAURANTS
- GROCERY STORE
- GET TAKE OUT
- TRAVEL

SAFE

- FAMILY GAME NIGHT
- STREAMING TV
- VIDEO CHAT
- SPRING CLEANING
- READ A BOOK
- LISTEN TO MUSIC
- TAKE A WALK
- YARD WORK
- PLAY OUTSIDE
- COOK
- CHECK ON A FRIEND



- Medication requests will be dealt with in the normal ways, in addition for this period we can take requests via the telephone by calling the practice on 01472 721610. Due to the current increase in calls being received, please call after 10.30am when are lines may be less busy.

We thank you for your understanding
in what may be difficult times ahead.
from all the staff at Dr A Kumar
Surgery